

Black beauty

& hair for women who want to look amazing

#1
UK's Best
selling Black
Magazine

309
SCORCHING
STYLES

HOWTO

Eat your way to
better hair, skin
& nails

Ssshhh!

*Beauty's new secret -
Double duty oils*

WORK UP A SWEAT

*Leave the gym
strand perfect*

AFRICA RELOADED

Fashion, hair, make-up
like you've never seen it

WHAT A BEAUT!

Shingai Shoniwa
is our exclusive
cover girl

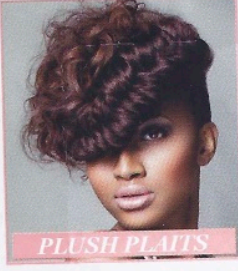
CREATE HAIR ENVY WITH...



BOUFFANT BOBS



BOLD BUNCHES



PLUSH PLAITS

For more style ideas log on to www.blackbeautyandhair.com

